

# Lexicocalorimeter: Real-time health measurement

Last updated: 2018/04/30, 21:14:24

Complex Networks | @networksvox  
CSYS/MATH 303, Spring, 2018

Prof. Peter Dodds | @peterdodds

Dept. of Mathematics & Statistics | Vermont Complex Systems Center  
Vermont Advanced Computing Core | University of Vermont



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## Outline

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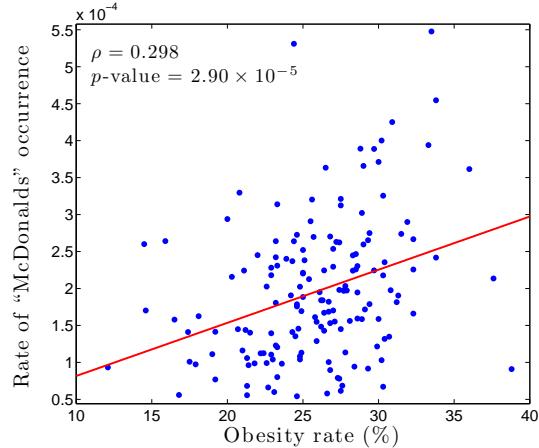
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## Obesity and tweets—“McDonalds”:

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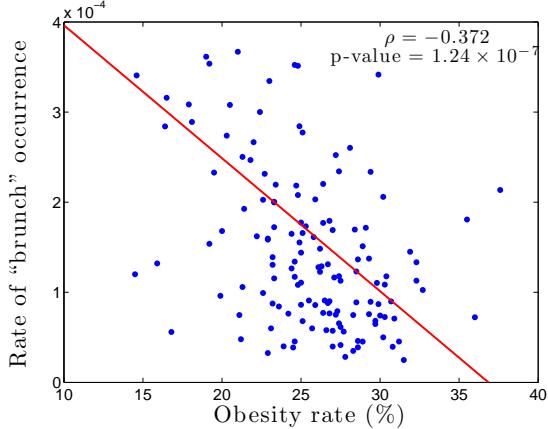
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## Obesity and tweets—“Brunch”:



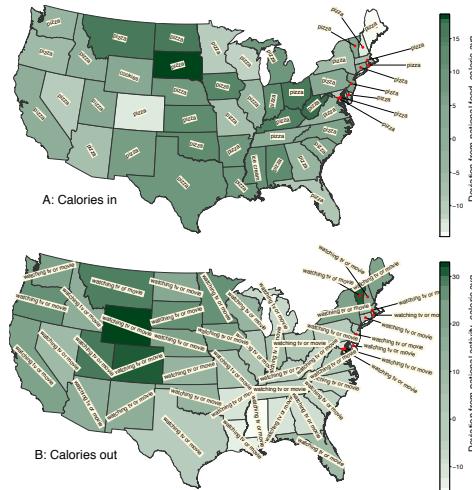
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## The Lexicocalorimeter:



Word	$\rho$	p-value
cafe	-0.509	$6.07 \times 10^{-14}$
sushi	-0.487	$9.93 \times 10^{-13}$
brewery	-0.469	$8.67 \times 10^{-12}$
restaurant	-0.448	$8.93 \times 10^{-11}$
bar	-0.435	$3.59 \times 10^{-10}$
banana	-0.434	$3.77 \times 10^{-10}$
apple	-0.408	$5.22 \times 10^{-9}$
fondue	-0.403	$8.34 \times 10^{-9}$
wine	-0.400	$1.08 \times 10^{-8}$
delicious	-0.392	$2.17 \times 10^{-8}$
dinner	-0.386	$3.85 \times 10^{-8}$
coffee	-0.384	$4.51 \times 10^{-8}$
bakery	-0.383	$5.12 \times 10^{-8}$
bean	-0.378	$7.88 \times 10^{-8}$
espresso	-0.377	$8.47 \times 10^{-8}$
cuisine	-0.376	$8.82 \times 10^{-8}$
foods	-0.374	$1.07 \times 10^{-7}$
tofu	-0.372	$1.27 \times 10^{-7}$
brunch	-0.368	$1.79 \times 10^{-7}$
veggie	-0.364	$2.46 \times 10^{-7}$
organic	-0.361	$3.13 \times 10^{-7}$
booze	-0.360	$3.34 \times 10^{-7}$
grill	-0.354	$5.4 \times 10^{-7}$
chocolate	-0.351	$6.77 \times 10^{-7}$
#vegan	-0.350	$7.47 \times 10^{-7}$

mcdonalds	0.246	$6.18 \times 10^{-4}$
eat	0.241	$8.22 \times 10^{-4}$
wings	0.222	$2.13 \times 10^{-3}$
hungry	0.210	$3.65 \times 10^{-3}$
heartburn	0.194	$7.37 \times 10^{-3}$
ham	0.177	$1.45 \times 10^{-2}$

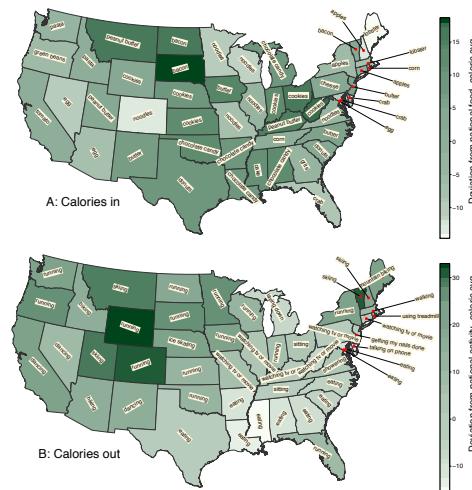
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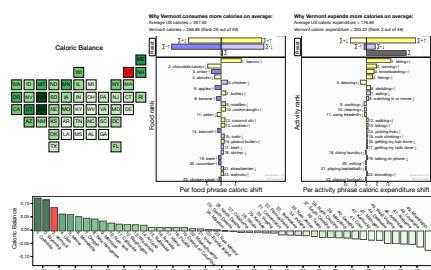
## The Lexicocalorimeter:



**PAGE** 104  
The magazine for medical imaging, health information management and healthcare IT

"The Lexicocalorimeter: Gauging public health through caloric input and output on social media" ↗

Alajajian, Williams, Reagan, Alajajian, Frank,  
Mitchell, Lahne, Danforth, and Dodds.  
PLOS ONE | **12** e0168893 | 2017 [1]



<http://panometer.org/instruments/lexicocalorimeter/>

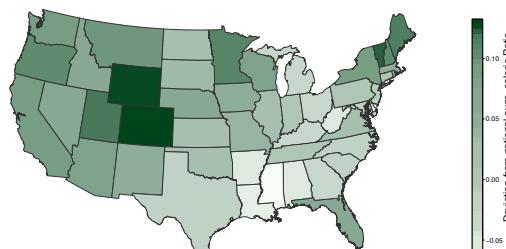
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## The Lexicocalorimeter:



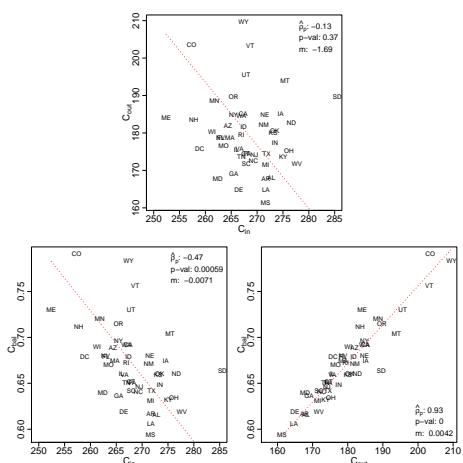
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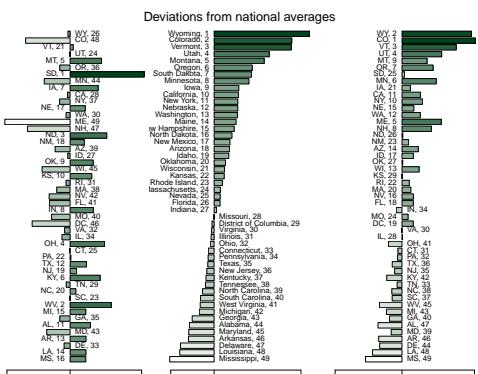
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## The Lexicocalorimeter:



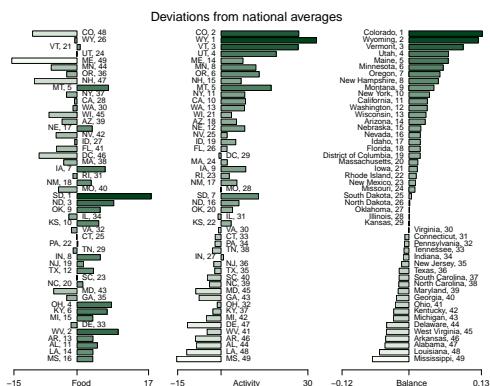
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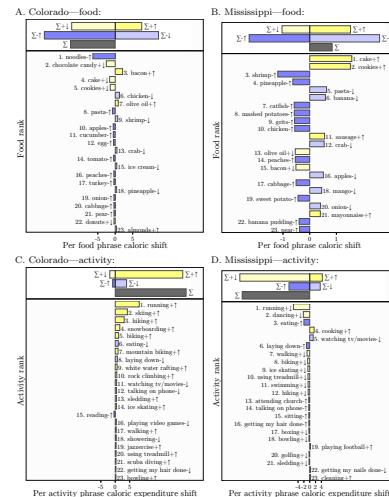
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## The Lexicocalorimeter:



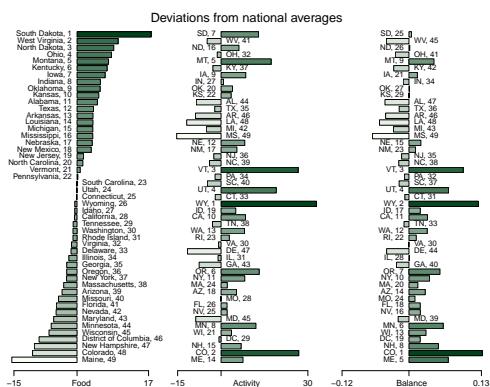
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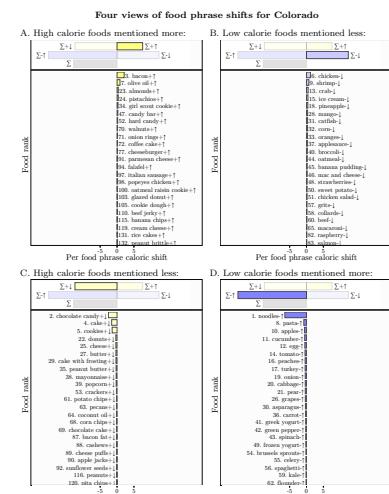
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## The Lexicocalorimeter:



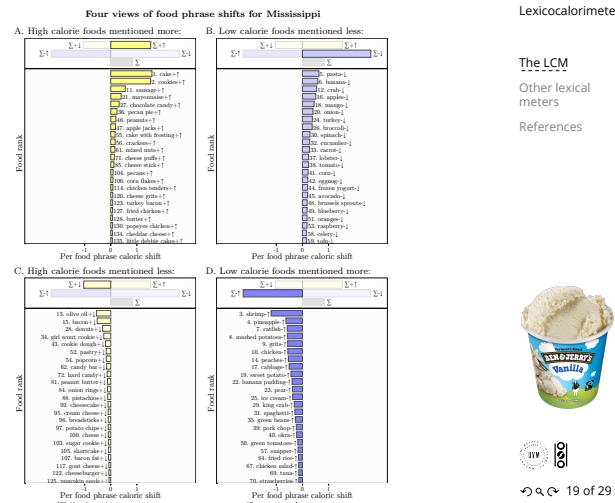
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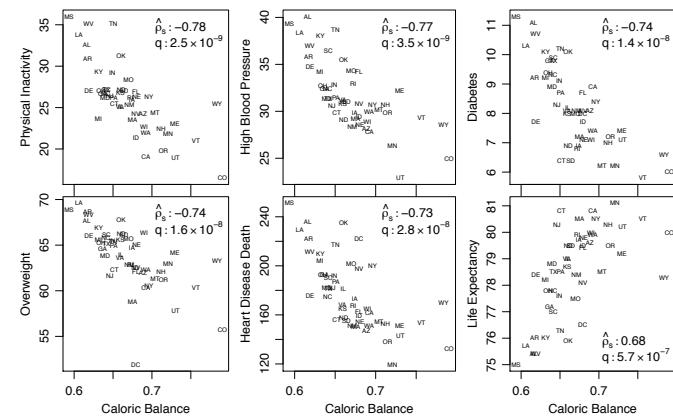
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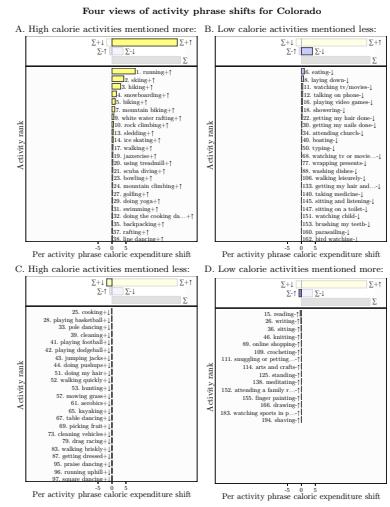
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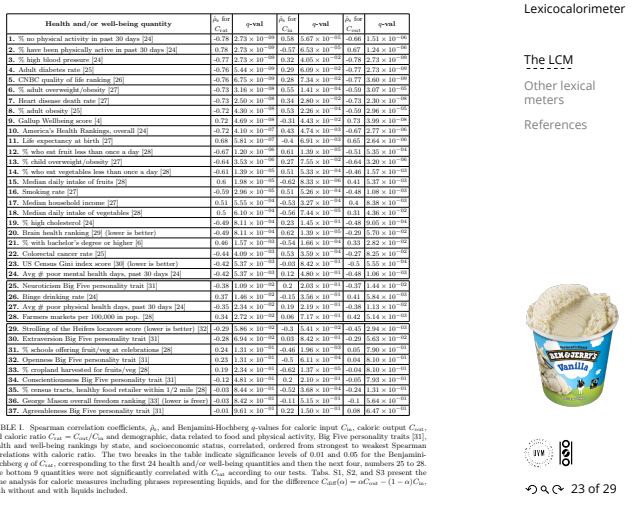
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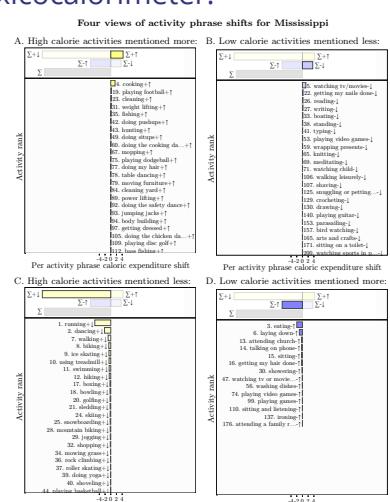
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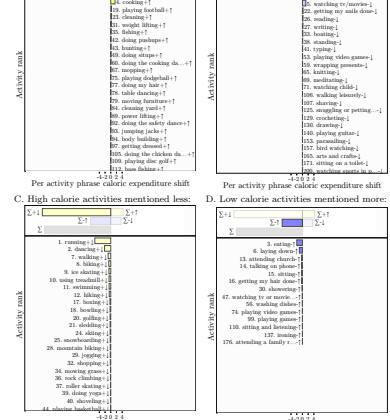
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## The Lexicocalorimeter:



## The Lexicocalorimeter:

Health and/or well-being quantity	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{in}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$
1. % no physical activity in past 30 days [24]	-0.78	$3.07 \times 10^{-09}$	0.58	$4.91 \times 10^{-05}$	-0.66	$3.59 \times 10^{-06}$
2. % have been physically active in past 30 days [24]	0.78	$3.07 \times 10^{-09}$	-0.58	$4.91 \times 10^{-05}$	0.66	$3.59 \times 10^{-06}$
3. % high blood pressure [24]	-0.75	$1.07 \times 10^{-09}$	0.56	$5.16 \times 10^{-05}$	-0.78	$2.07 \times 10^{-06}$
4. Heart disease death rate [27]	-0.75	$1.02 \times 10^{-08}$	0.38	$1.24 \times 10^{-02}$	-0.73	$2.07 \times 10^{-08}$
5. Adult diabetes rate [25]	-0.75	$1.17 \times 10^{-08}$	0.34	$2.77 \times 10^{-02}$	-0.77	$3.07 \times 10^{-08}$
6. CNBC quality of life ranking [26]	-0.74	$3.87 \times 10^{-08}$	0.31	$3.22 \times 10^{-02}$	-0.77	$3.60 \times 10^{-08}$
7. % adult overweight/obesity [27]	-0.73	$1.07 \times 10^{-07}$	0.31	$3.22 \times 10^{-02}$	-0.77	$3.60 \times 10^{-07}$
8. Gains Weight Loss score [4]	0.72	$3.17 \times 10^{-07}$	-0.53	$3.38 \times 10^{-02}$	0.73	$3.85 \times 10^{-08}$
9. % adult obesity [23]	-0.69	$3.10 \times 10^{-07}$	0.52	$4.11 \times 10^{-04}$	-0.59	$3.56 \times 10^{-05}$
10. America's Health Rankings, overall [24]	-0.69	$1.31 \times 10^{-06}$	0.4	$0.14 \times 10^{-03}$	-0.65	$1.06 \times 10^{-06}$
11. Life expectancy at birth [27]	0.67	$7.92 \times 10^{-07}$	-0.48	$4.82 \times 10^{-04}$	0.67	$6.75 \times 10^{-07}$
12. US Gini index scores [20] (lower is better)	-0.67	$1.26 \times 10^{-06}$	0.41	$0.34 \times 10^{-03}$	-0.67	$1.06 \times 10^{-06}$
13. % who eat fruit less than once a day [28]	-0.65	$2.58 \times 10^{-06}$	0.27	$2.45 \times 10^{-03}$	-0.51	$3.89 \times 10^{-04}$
14. % who eat vegetables less than once a day [28]	-0.65	$1.32 \times 10^{-05}$	0.53	$5.14 \times 10^{-04}$	-0.66	$7.72 \times 10^{-05}$
15. Median daily intake of fruits [28]	0.59	$3.56 \times 10^{-05}$	-0.56	$0.05 \times 10^{-03}$	0.41	$5.73 \times 10^{-04}$
16. Smoking rate [27]	-0.58	$1.81 \times 10^{-05}$	0.36	$0.05 \times 10^{-03}$	-0.58	$1.06 \times 10^{-05}$
17. Median daily intake of vegetables [28]	0.57	$2.77 \times 10^{-04}$	-0.59	$3.03 \times 10^{-03}$	0.51	$4.09 \times 10^{-04}$
18. Median household income [27]	0.48	$1.37 \times 10^{-03}$	-0.58	$5.88 \times 10^{-04}$	0.41	$8.07 \times 10^{-03}$
19. % high cholesterol [24]	-0.48	$1.26 \times 10^{-03}$	0.24	$1.16 \times 10^{-03}$	-0.45	$1.05 \times 10^{-03}$
20. Colorectal cancer rate [25]	-0.47	$1.72 \times 10^{-03}$	0.56	$4.37 \times 10^{-04}$	-0.47	$3.35 \times 10^{-03}$
21. % healthy diet (lower is better)	-0.46	$1.77 \times 10^{-03}$	0.56	$4.37 \times 10^{-04}$	-0.46	$3.35 \times 10^{-03}$
22. US Census Gini index scores [20] (lower is better)	-0.44	$1.60 \times 10^{-03}$	0.11	$1.52 \times 10^{-03}$	-0.2	$2.22 \times 10^{-04}$
23. % with bachelors' degree or higher [6]	0.42	$4.86 \times 10^{-03}$	-0.43	$0.21 \times 10^{-03}$	0.38	$2.82 \times 10^{-02}$
24. Avg # poor mental health days, past 30 days [24]	-0.39	$9.87 \times 10^{-03}$	0.31	$0.31 \times 10^{-03}$	-0.23	$1.30 \times 10^{-03}$
25. National Health and Nutrition personality trait [34]	-0.38	$1.07 \times 10^{-02}$	0.1	$0.1 \times 10^{-02}$	-0.38	$1.78 \times 10^{-02}$
26. Binge drinking rate [27]	0.34	$2.91 \times 10^{-02}$	-0.12	$0.88 \times 10^{-02}$	0.41	$1.23 \times 10^{-02}$
27. Farmers markets per 100,000 in pop [28]	0.33	$2.96 \times 10^{-02}$	-0.09	$0.59 \times 10^{-02}$	0.42	$1.41 \times 10^{-02}$
28. Extraversion Big Five personality trait [31]	-0.32	$2.83 \times 10^{-02}$	0.13	$0.13 \times 10^{-02}$	-0.36	$1.06 \times 10^{-02}$
29. Avg # poor physical health days, past 30 days [24]	-0.30	$2.81 \times 10^{-02}$	0.18	$0.18 \times 10^{-02}$	-0.38	$1.16 \times 10^{-02}$
30. % schools offering fruit/veg at celebrations [28]	0.29	$1.16 \times 10^{-02}$	-0.36	$0.36 \times 10^{-02}$	0.25	$2.75 \times 10^{-02}$
31. % Openness Big Five personality trait [31]	0.23	$1.31 \times 10^{-02}$	-0.42	$0.43 \times 10^{-02}$	0.03	$7.95 \times 10^{-02}$
32. % cropland harvested for fruits/veg [28]	0.18	$2.53 \times 10^{-02}$	-0.53	$0.90 \times 10^{-02}$	-0.05	$3.95 \times 10^{-02}$
33. Conscientious Big Five personality trait [31]	-0.17	$1.48 \times 10^{-02}$	0.1	$0.1 \times 10^{-02}$	-0.47	$3.78 \times 10^{-02}$
34. % schools offering fruit/veg at celebrations within 1/2 mile [28]	-0.17	$2.47 \times 10^{-02}$	-0.36	$0.36 \times 10^{-02}$	-0.41	$2.14 \times 10^{-02}$
35. George Mason overall freedom ranking [33] (lower is freer)	-0.06	$8.90 \times 10^{-03}$	-0.06	$7.73 \times 10^{-03}$	-0.1	$5.58 \times 10^{-03}$
36. Agreeableness Big Five personality trait [31]	0	$0.95 \times 10^{-01}$	0.24	$1.26 \times 10^{-01}$	0.08	$6.41 \times 10^{-01}$
37. Agreeableness Big Five personality trait [31]	0	$0.95 \times 10^{-01}$	0.24	$1.26 \times 10^{-01}$	0.08	$6.41 \times 10^{-01}$

TABLE S1. Identical to Tab. I but with liquids included. Spearman correlation coefficients,  $\rho_{\text{cal}}$ , and Benjamini-Hochberg q-values for caloric input  $C_{\text{in}}$ , caloric output  $C_{\text{out}}$ , and caloric ratio  $C_{\text{out}}/C_{\text{in}}$  and demographic data related to food and physical activity, Big Five personality traits [31], health and well-being ranks by state, and socioeconomic status, correlated, ordered from strongest to weakest Spearman correlations with caloric ratio.

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## The Hangoverometer:

Percent of 'hungover' tweets in state

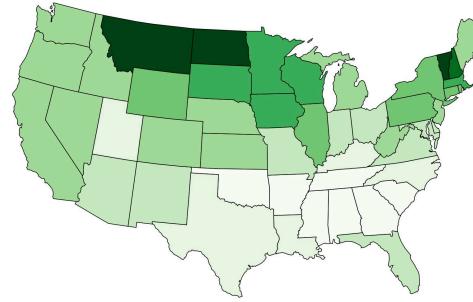
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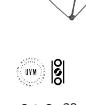
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Correlation with Binge drinking estimates:  $r_s = .72$ ,  $p = 5.8 \times 10^{-9}$ .

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## The Lexicocalorimeter:

Health and/or well-being quantity	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{in}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$
1. % no physical activity in past 30 days [24]	-0.78	$3.42 \times 10^{-08}$	0.58	$4.93 \times 10^{-05}$	-0.66	$3.59 \times 10^{-06}$
2. % have been physically active in past 30 days [24]	0.78	$3.42 \times 10^{-08}$	-0.58	$5.50 \times 10^{-05}$	0.67	$1.39 \times 10^{-06}$
3. % high blood pressure [24]	-0.75	$3.60 \times 10^{-08}$	0.56	$4.16 \times 10^{-05}$	-0.78	$3.42 \times 10^{-06}$
4. Heart disease death rate [27]	-0.75	$1.07 \times 10^{-08}$	0.38	$1.24 \times 10^{-02}$	-0.73	$2.07 \times 10^{-08}$
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7. % adult overweight/obesity [27]	-0.73	$1.07 \times 10^{-07}$	0.31	$3.22 \times 10^{-02}$	-0.77	$3.60 \times 10^{-07}$
8. Gains Weight Loss score [4]	-0.72	$3.17 \times 10^{-07}$	0.13	$0.13 \times 10^{-02}$	0.42	$8.41 \times 10^{-07}$
9. % adult obesity [23]	-0.69	$3.40 \times 10^{-07}$	0.52	$4.11 \times 10^{-04}$	-0.59	$3.56 \times 10^{-05}$
10. America's Health Rankings, overall [24]	-0.69	$1.39 \times 10^{-06}$	0.31	$0.31 \times 10^{-03}$	-0.65	$1.06 \times 10^{-06}$
11. Life expectancy at birth [27]	0.67	$9.05 \times 10^{-07}$	0.36	$1.39 \times 10^{-04}$	0.65	$2.47 \times 10^{-04}$
12. US Gini index scores [20] (lower is better)	-0.65	$1.30 \times 10^{-06}$	0.31	$0.31 \times 10^{-03}$	-0.65	$1.06 \times 10^{-06}$
13. % schools offering fruit/veg at celebrations [28]	0.22	$1.16 \times 10^{-03}$	-0.36	$0.36 \times 10^{-02}$	0.25	$2.75 \times 10^{-03}$
14. % Openness Big Five personality trait [31]	0.23	$1.31 \times 10^{-03}$	-0.42	$0.43 \times 10^{-02}$	0.03	$7.95 \times 10^{-03}$
15. % cropland harvested for fruits/veg [28]	0.18	$3.06 \times 10^{-03}$	-0.36	$0.36 \times 10^{-02}$	0.08	$3.06 \times 10^{-03}$
16. % George Mason overall freedom ranking [33] (lower is freer)	-0.63	$1.54 \times 10^{-03}$	0.53	$3.14 \times 10^{-03}$	-0.46	$1.60 \times 10^{-03}$
17. Median daily intake of fruits [28]	0.59	$3.56 \times 10^{-03}$	-0.56	$3.56 \times 10^{-03}$	0.40	$5.73 \times 10^{-03}$
18. Smoking rate [27]	-0.58	$1.77 \times 10^{-03}$	0.31	$0.31 \times 10^{-02}$	-0.58	$1.06 \times 10^{-03}$
19. Median daily intake of vegetables [28]	0.57	$7.40 \times 10^{-04}$	-0.56	$1.03 \times 10^{-02}$	0.31	$4.09 \times 10^{-02}$
20. Median household income [27]	0.48	$1.38 \times 10^{-03}$	-0.5	$8.58 \times 10^{-04}$	0.4	$6.07 \times 10^{-03}$
21. % high cholesterol [24]	-0.48	$1.38 \times 10^{-03}$	0.24	$1.15 \times 10^{-03}$	-0.48	$1.06 \times 10^{-03}$
22. Colorectal cancer rate [25]	-0.47	$1.88 \times 10^{-03}$	0.56	$5.17 \times 10^{-04}$	0.65	$8.35 \times 10^{-04}$
23. % healthy diet (lower is better)	-0.46	$1.80 \times 10^{-03}$	0.56	$5.17 \times 10^{-04}$	-0.46	$8.29 \times 10^{-03}$
24. % heart disease death rate, past 30 days [24]	-0.45	$3.11 \times 10^{-03}$	0.11	$0.11 \times 10^{-02}$	-0.45	$2.92 \times 10^{-03}$
25. % schools offering fruit/veg at celebrations [28]	0.42	$4.59 \times 10^{-03}$	-0.43	$4.32 \times 10^{-03}$	0.31	$2.75 \times 10^{-02}$
26. Binge drinking rate [27]	0.39	$1.05 \times 10^{-02}$	0.1	$0.1 \times 10^{-02}$	0.48	$1.23 \times 10^{-02}$
27. Farmers markets per 100,000 in pop [28]	-0.38	$2.88 \times 10^{-02}$	0.03	$0.59 \times 10^{-02}$	-0.42	$5.41 \times 10^{-02}$
28. % schools offering fruit/veg at celebrations [28]	-0.37	$2.78 \times 10^{-02}$	0.13	$4.13 \times 10^{-02}$	-0.29	$5.36 \times 10^{-02}$
29. % healthy diet (lower is better)	-0.36	$2.88 \times 10^{-02}$	0.12	$4.03 \times 10^{-02}$	-0.41	$6.23 \times 10^{-02}$
30. Strollin' of the Heifers (lower scores better) [32]	-0.34	$4.52 \times 10^{-02}$	-0.36	$3.32 \times 10^{-02}$	-0.45	$3.18 \times 10^{-02}$
31. % schools offering fruit/veg at celebrations [28]	0.25	$1.13 \times 10^{-02}$	-0.38	$1.36 \times 10^{-02}$	0.65	$7.75 \times 10^{-03}$
32. Openness Big Five personality trait [31]	0.23	$1.30 \times 10^{-02}$	0.04	$0.43 \times 10^{-02}$	0.04	$7.05 \times 10^{-03}$
33. % cropland harvested for fruits/veg [28]	0.18	$3.06 \times 10^{-02}$	-0.36	$3.06 \times 10^{-02}$	-0.46	$1.06 \times 10^{-02}$
34. Conscientious Big Five personality trait [31]	0.17	$5.11 \times 10^{-02}$	0.14	$3.07 \times 10^{-02}$	-0.05	$7.78 \times 10^{-03}$
35. % censustracts healthy food retail within 1/2 mile [28]	-0.06	$7.11 \times 10^{-03}$	-0.36	$1.09 \times 10^{-02}$	0.24	$1.28 \times 10^{-03}$
36. George Mason overall freedom ranking [33] (lower is freer)	-0.06	$5.82 \times 10^{-03}$	-0.05	$7.73 \times 10^{-03}$	-0.1	$5.58 \times 10^{-03}$
37. Agreeableness Big Five personality trait [31]	0	$0.85 \times 10^{-01}$	0.24	$1.26 \times 10^{-01}$	0.08	$6.41 \times 10^{-01}$
38. Agreeableness Big Five personality trait [31]	0	$0.85 \times 10^{-01}$	0.24	$1.26 \times 10^{-01}$	0.08	$6.41 \times 10^{-01}$

TABLE S2. Identical to Tab. I but with liquids included. Spearman correlation coefficients,  $\rho_{\text{cal}}$ , and Benjamini-Hochberg p-values for caloric input  $C_{\text{in}}$ , caloric output  $C_{\text{out}}$ , and caloric ratio  $C_{\text{out}}/C_{\text{in}}$  and demographic data related to food and physical activity, Big Five personality traits [31], health and well-being ranks by state, and socioeconomic status, correlated, ordered from strongest to weakest Spearman correlations with caloric ratio.

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## The Insomniometer:

Health and/or well-being quantity	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{in}}$	$\text{q-val}$	$\rho_{\text{cal}} \text{ for } C_{\text{out}}$	$\text{q-val}$
1. % no physical activity in past 30 days [24]	-0.78	$3.42 \times 10^{-08}$	0.58</td			